WHAT IS CLAIMED IS:

1. A composition comprising:

(a) an antigen;

(b) an adjuvant;

(c) at least one carrier comprising a member selected from the groups consisting of:

(i) an acylated amino acid or a salt thereof;

(ii) a poly amino acid comprising at least one acylated amino acid or a salt thereof;

(iii) a sulfonated amino acid or a salt thereof;

(iv) a poly amino acid comprising at least one sulfonated amino acid or a salt thereof; or

(v) any combination thereof.

2. A composition as defined in claim 1, comprising a mixture.

3. A composition as defined in claim 1, comprising a microsphere.

4. A composition as defined in claim 1, wherein said antigen comprises a peptide.

5. A composition as defined in claim 1, wherein said adjuvant comprises a mucosal adjuvant.

6. A composition as defined in claim 1, wherein said carrier comprises an acylated amino acid or a salt thereof.

7. A composition as defined in claim 1, wherein said carrier comprises a poly amino acid comprising at least one acylated amino acid or a salt thereof.

8. A composition as defined in claim 1, wherein said carrier comprises a sulfonated amino acid or a salt thereof.

9. A composition as defined in claim 1, wherein said carrier comprises a poly amino acid comprising at least one sulfonated amino acid or a salt thereof.

10. A composition as defined in claim 1, wherein said carrier is selected from the group consisting of, *N*-cyclohexanoyl arginine; a mixture of *N*-cyclohexanoyltyrosine and *N*-cyclohexanoylleucine; a mixture of *N*-phenylsulfonylvaline, *N*-phenylsulfonylleucine, *N*-phenylsulfonylphenylalanine, *N*-phenylsulfonyllysine, and *N*-phenylsulfonylarginine; and a mixture of *N*-benzoylvaline, *N*-benzoylleucine, *N*-benzoylphenylalanine, *N*-benzoyllysine, and *N*-benzoylarginine.

11. A composition comprising:

(a) ovalbumin;

(b) cholera toxin; and

(c) at least one carrier comprising a member selected from the groups consisting of:

(i) an acylated amino acid or a salt thereof;

(ii) a poly amino acid comprising at least one acylated amino acid or a salt thereof;

(iii) a sulfonated amino acid or a salt thereof;

(iv) a poly amino acid comprising at least one sulfonated amino acid or a salt thereof; or

(v) any combination thereof.

12. A composition comprising:

(a) Infectious Bursal Disease Virus;

(b) cholera toxin;

(c) cholera toxin β-subunit; and

(d) at least one carrier comprising a member selected from the groups consisting of:

(i) an acylated amino acid or a salt thereof;

(ii) a poly amino acid comprising at least one acylated amino acid or a salt thereof;

(iii) a sulfonated amino acid or a salt thereof;

(iv) a poly amino acid comprising at least one sulfonated amino acid or a salt thereof; or

(v) any combination thereof.

13. A composition as defined in claim 12, comprising a microsphere.

14. A dosage unit form comprising

(A) a composition according to claim 1; and

(B) (a) an excipient,

(b) a diluent,

(c) a disintegrant,

(d) a lubricant,

(e) a plasticizer,

(f) a colorant,

(g) a dosing vehicle, or

(h) any combination thereof.

15. A dosage unit form according to claim 14 comprising a tablet, a capsule, or a liquid.

16. A method for administering an antigen to an animal, said method comprising orally administering a composition as defined in claim 1.

17. A method for immunizing chickens, said method comprising orally administering a composition as defined in claim 12.

18. A method for preparing a composition as defined in claim 1, said method comprising mixing an antigen, an

adjuvant, and a carrier comprising a member selected from the group consisting of:

(i) an acylated amino acid or a salt thereof;

(ii) a poly amino acid comprising at least one acylated amino acid or a salt thereof;

(iii) a sulfonated amino acid or a salt thereof;

(iv) a poly amino acid comprising at least one sulfonated amino acid or a salt thereof; or

(v) any combination thereof.

19. A method for preparing microspheres, said method comprising:

(A) solubilizing, in a solvent, at least one carrier to provide a carrier solution; and

(B) contacting said carrier solution with an antigen, an adjuvant, and a precipitator solution in which said carrier is insoluble;

wherein said carrier comprises a member selected from the groups consisting of:

(a) an acylated amino acid or a salt thereof;

(b) a poly amino acid comprising at least one acylated amino acid or a salt thereof;

(c) a sulfonated amino acid or a salt thereof;

(d) a poly amino acid comprising at least one sulfonated amino acid or a salt thereof; or

(e) any combination thereof.

20. A method as defined in claim 19, wherein said carrier solution has a pH within a first range and said precipitator solution has a pH within a second range, said first range being different than said second range.

21. A composition as defined in claim 12, wherein the carrier comprises a mixture of *N*-phenylsulfonylvaline, *N*-phenylsulfonylleucine, *N*-phenylsulfonylphenylalanine, *N*-phenylsulfonyllysine, and *N*-phenylsulfonylarginine; and a stabilizer.

22. A composition as defined in claim 21, wherein said stabilizer comprises sodium 2-cyclohexylbutyrate.